

## Medway Parks Mile

Serving You

## **Priestfields Recreation Ground**



Priestfields is a great area for running, with open and challenging terrain, and route options for seasonal conditions.

The path running through the upper part of the grounds (highlighted in red) is 1/4 mile in length, so a mile can be completed by running end to end 4 times. This could be the best option in autumn/winter conditions, as the grounds will be very muddy in places.

In dryer/summer conditions, a lap of the grounds (avoiding the rugby pitches and clubhouse area) is ¾ of a mile, so a mile can be completed by running along the path once, at the start or end.



medway.gov.uk/sport