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GROW AT HOME



Growing your own plants or vegetables can be a rewarding and uplifting experience. Spring is here, and it's the perfect time to bring some colour to your home!

It's your last chance to get FREE seed packets of your choice along with easy planting instructions from us. To register your interest, email us at <u>tenant.participation@medway.gov.uk</u> or call 01634 3337533.

Make sure to share your progress pictures with us along the way and use the hashtag #GrowAtHome on social media!



COMMUNITY PLANTING AT HAZLEMERE DRIVE



Medway Adult Education will be running a short course for our residents at Hazlemere Drive. Each planting day will give you the chance to get outside in the sunshine with others and gain hands-on experience of planting - all whilst making your area look beautiful!

Wednesday 16th June	I	10am to 12pm
Wednesday 23rd June	I	10am to 12pm
Wednesday 30th June	I	10am to 12pm

If you'd like to get involved, please email us at <u>tenant.participation@medway.gov.uk</u> to secure your place.

BUMP CLUB FOR EXPECTANT MUMS

Join our friendly group for mums-to-be in Medway!

Sign up to Bump Club and find out how to look after yourself and your baby; from baby first aid and a step challenge to pregnancy yoga, cooking demos and giveaways!

To book a place, please <u>click here</u>.

THE ULTIMATE GARDENING QUIZ

We've launched an exciting competition for our Homes for Independent Living (HFIL) residents! Each person has the chance to complete and submit The Ultimate Gardening Quiz; a pack full of planty trivia and picture questions. The scheme with the most points will win something for their communal garden!

The deadline for HFIL residents to submit their packs to us is 17th June, after which we will mark then and add up the scores to determine the winning scheme!

DOMESTIC ABUSE ONE STOP SHOP

Medway Domestic Abuse One Stop Shop has reopened. You can drop in to The Sunlight Centre on Richmond Road, Gillingham, between 9:30am - 12pm on a Tuesday for information and support.

COMMUNITY TRIGGER

Do you know about the Community Trigger?

The Community Trigger is a process whereby you can request that the Community Safety Partnership review responses to complaints of anti-social behaviour or hate incidents you have reported.

The Trigger:

- is designed to ensure partners work together to resolve anti-social behaviour complaints
- should be used if you think your complaint has not been responded to
- cannot be used to report general acts of crime, including hate crime
- doesn't replace the complaints procedures of individual organisations, or your opportunity to complain to the Local Government Ombudsmen or Independent Police Complaints Commission

<u>Click here</u> for more information on the Community Trigger process.