

## Medway Parks Mile

Serving You

## **Cozenton Park**



Cozenton Park is a great location for walking, jogging or running in all weather conditions. Half of the route is paved whilst the other is a woodland trail (this could be muddy in the Autumn/Winter months).

To complete a mile, start your route at the Bloors Lane entrance. Continue forwards along the path until you reach the library car park entrance. Head up the woodland trail back towards the main car park where you will rejoin a path. Complete another lap of the path and the woodland trail before walking back to the main entrance.

You can start your walk from any of the other entrances – just remember to walk the section of path down towards Bloors Lane.



medway.gov.uk/sport